

Instructions:
 1. Cut around the solid lines and fold on the dotted lines.
 2. Glue or tape around a package of Dentyne Ice 12 piece gum. Or you can cut out the pieces and paste them on any box of gum close to the same size.

Give yourself a little
CREDIT
 4358 8025 6009 3436
 VALID
 THRU
 5/5000

INSTANT

Dear sisters, we love and admire you. We appreciate your service in the Lord's kingdom. You are incredible! - Quentin L. Cook, April 2011

INSTANT CREDIT INSTRUCTIONS: Give yourself a little credit. Each time you chew a piece of this gum, think of the things you have done or divine qualities that you have displayed recently. Do this until the flavor in the gum runs out.

*Make this promise to yourself:
 I will accept compliments gracefully, speak and think kindly of myself, record at least three things I've done well every night before bed, and I will discover how incredible I am.*

AUTHORIZED SIGNATURE - NOT VALID UNLESS SIGNED

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